



Crawley, Horsham
& Mid-Sussex

Supporting local families in Crawley, Horsham & Mid-Sussex



**Our aim is to give
young children
the best possible
start in life.**

Home - Start CHAMS have been supporting local families for 24 years.

The heart of our organisation is a team of highly trained parent volunteers. They give support and friendship to families with young children, who are facing challenges including disability, mental health issues, bereavement, poverty and isolation.

The support we offer

One to One Support

Every week our volunteers offer support to families with young children (with at least one child under the age of 5 years old)

They provide emotional support and help parents to overcome the challenges they face.



Group Support

Through our groups for ages 0 - 3 years we can provide families with advice, encouragement, activities, play resources and the chance to offload.

We support many families of multiples, new parents, and a toddler on group.

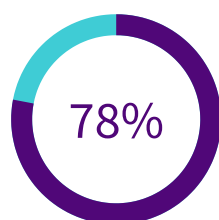
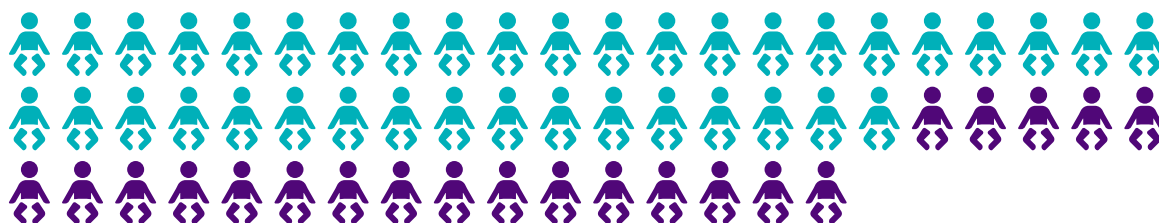
For more information: www.homestartchams.org.uk

Telephone: 01293 416327 / Email: info@homestartchams.org.uk

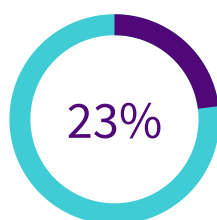
Registered Charity No: 1132506 / Registered Company No: 06986358

Our Impact 2021 - 2022

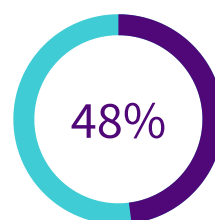
We supported 180 families & provided intense 1 to 1 support for 55 of them with the help of 54 volunteers and 10 staff members.



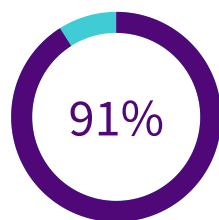
The number of referrals increased by 78%



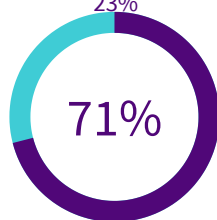
The number of families supported increased by 23%



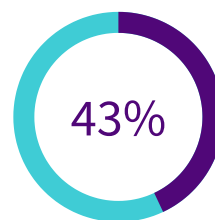
48% of referrals indicated mental health as a need



Home visiting: 91% of families reported an improvement in their ability to cope following support in the home



Groups: 71% of families reported an improvement in their ability to cope following attending one of our groups.



43% of referrals related to some form of disability - either the child or a parent

“ Home Visiting feedback

The support was so unique – and incredibly helpful – I don’t know who else could have done that. I honestly don’t know what I would have done without you and can’t thank you enough. I never felt judged – even though I knew what I should be doing, it’s different to just see it done. ”



“ Group Feedback

Each week we stepped into a safe place, with caring, vastly experienced people who always went about things with positivity and empathy. The impact the team had on the twins over all this time was significant – in essence they helped to shape two little lives. We will always be so grateful for this. ”