

Supporting local families in Crawley, Horsham & Mid-Sussex



**The earliest years
make the biggest
difference.**

**Home-Start makes
sure those years
count**

Celebrating 25 years of supporting local families.

The heart of our organisation is a team of highly trained parent volunteers. They give support and friendship to families with young children, who are facing challenges including disability, mental health issues, bereavement, poverty and isolation.

The support we offer

One to One Support

Every week our volunteers offer support to families with young children (with at least one child under the age of 5 years old)

They provide emotional support and help parents to overcome the challenges they face.



Group Support

Through our groups for ages 0 - 3 years we can provide families with advice, encouragement, activities, play resources and the chance to offload.

We support many families of multiples, new parents, and a toddler on group.

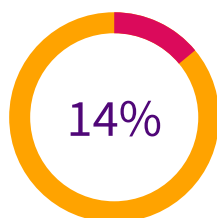
For more information: www.homestartchams.org.uk

Telephone: 01293 416327 / Email: info@homestartchams.org.uk

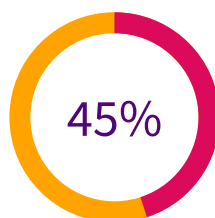
Registered Charity No: 1132506 / Registered Company No: 06986358

Our Impact 2022 - 2023

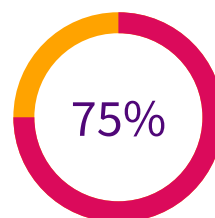
We supported 413 children across 262 families, & provided intense 1 to 1 support for 68 of them with the help of 54 volunteers and 10 staff members.



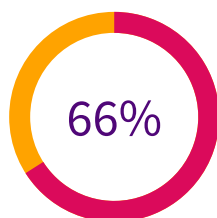
Referrals increased by 14%
(total of 231)



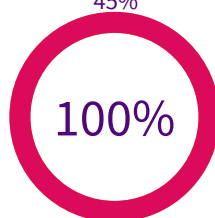
The number of families
supported increased by
45%



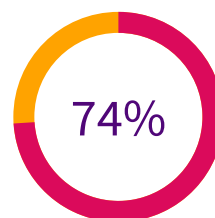
75% of referrals identified
isolation as a need



wanted to be more
involved in their child's
early learning and
socialisation



of families reported an
improvement to cope
following one to one
support



of families reported an
improvement in their
ability to cope following
attendance at one of
our groups.

“ Home Visiting feedback

If it wasn't for my volunteer I would be in a much darker place right now and probably not even be able to get out of the door. I was so nervous, I'm not really a people person, but she was just so kind, she never judged me or spoke down to me – she helped me believe that I am a good Mum”



“ Group Feedback

Home- Start groups have been great for our family because it helped us connect with other people and make friends. It has benefitted my son's social skills and development. Before attending groups I didn't feel as though I had many other mummy friends and now we go every week”